

Pacific Academy of the Healing Arts
2009-2010 Certified Substance Abuse Counselor Class Schedule
Sundays, 9 AM-4:30 PM with one hour for lunch
Office for Social Ministry Classroom in Hilo

Week	Topic	Hrs	Week	Topic	Hrs
1 September 13, 2009	Orientation of addictions and Care of the Chemically Impaired: An overview of the Addictions Process	6 hours	22 February 28, 2010	DSM-IV TR for the Addictions Professional: Disorders of Childhood and Adolescents	6 hours
2 September 20, 2009	Spirituality and Recovery, Including Twelve Step Programs	6 hours	23 March 7, 2010	Clinical Screening and Assessment for the Addictions Professional: Mental Status Examination, Screening and Evaluation Tools	6 hours
3 September 27, 2009	Professional Ethics and Issues for the CSAC	6 hours	24, 25, 26 March 14, 28, and April 11, 2010	Introduction to Group Therapies for the CSAC	18 hours
4 October 4, 2009	Stress and Coping, including self care and stress management techniques	6 hours	27 April 4, 2010	<i>Understanding Alcohol and other Tranquilizers</i>	12 hours
5 October 11, 2009	Multicultural Competency: Honoring the individual	6 hours	28 April 18, 2010	<i>Professional and Personal Boundaries and Therapeutic Communication</i>	6 hours
6 October 18, 2009	Medical Issues in Chemical Dependency	6 hours	29, 30 April 25 and May 2, 2010	Introduction to Cognitive Behavioral Therapy for the CSAC	12 hours
7 October 25, 2009	Sexually Transmitted Diseases, including HIV/AIDS	6 hours	31, 31, 33 May 16, 23, and June 6, 2010	Introduction to Family Systems Counseling for the CSAC	18 hours
8 November 1, 2009	Crisis Management and Prevention for the CSAC	6 hours	34, 35, 36 June 13 and 20, 27, 2010	Introduction to Motivational Enhancement Therapy for the CSAC	18 hours
9 November 8, 2009	Confidentiality and Privacy, including 42CFR, Part 2	6 hours	37 June 27, 2010	<i>Report, Record Keeping, and, and Defensive Documentation for the Addictions Professional; Referral and Consultation for the Addictions Professional</i>	6 hours
10 November 15, 2009	Understanding Co-dependency and the Creation of Healthy Relationships	6 hours	38 July 11, 2010	<i>Understanding Opiates, including Methadone and Prescription Narcotics</i>	6 hours
11 November 22, 2009	DSM-IV TR for the Addictions Professional: Anxiety Disorders, Trauma and Disorders of Extreme Stress	6 hours	39 July 18, 2010	<i>Understanding Hallucinogenic Drugs, including Cannabis, LSD, Club Drugs, and Psychedelics</i>	6 hours
12 December 6, 2009	Understanding Relapse Prevention	6 hours	40 July 25, 2010	<i>Understanding Stimulants</i>	6 hours
13 December 13, 2009	DSM-IV TR for the Addictions Professional: Mood Disorders	6 hours	41 August 1, 2010	<i>Psychopharmacology for Co-Existing Conditions</i>	6 hours
14 December 20, 2009	<i>Understanding Violence and Self Harm</i>	6 hours	42 August 8, 2010	<i>Guided Imagery, Mindfulness, Meditation and Complementary Therapies for Addictions</i>	6 hours
15 January 3, 2010	<i>Client, Family and Community Education for the Addictions Professional</i>	6 hours	43, 44, 45 August 15, 22, and 29, 2010	<i>Written Examination Preparation Workshops</i>	18 hours
16 January 10, 2010	<i>Client-Centered Treatment Planning for the Addictions Professional</i>	6 hours			
17 January 17, 2010	<i>Case Management for the Addictions Professional</i>	6 hours			
18 January 24, 2010	<i>Understanding Tobacco and other Nicotine containing substances</i>	6 hours	September 6, 2010	GRADUATION CEREMONY Laupahoe State Park 12 PM-Sunset	
19 February 7, 2010	DSM-IV TR for the Addictions Professional: Schizophrenia and other Psychotic Disorders	6 hours	September 12, 2010	CSAC Exam Hilo	
20 February 14, 2010	DSM-IV TR for the Addictions Professional: Disorders of the Elderly	6 hours	December 12, 2010	CSAC Exam	
21 February 21, 2010	DSM-IV TR for the Addictions Professional: Personality Disorders and Eating Disorders	6 hours			

Courses in Red Type are mandatory to satisfy Hawai'i Dept. of Health ADAD CSAC candidate standards

Courses in Italicized Type are via Verified Home Study

SCHEDULE IS SUBJECT TO CHANGE AT PAHA DIRECTOR'S DISCRETION